

Science Behind the RIPPED FREAK Formula

Read on to find out how the ingredients found in RIPPED FREAK can help you quickly lose fat!

It's well understood that shedding fat and getting ripped is no easy task. Of course, a regular exercise program and a healthy diet are essential, but sometimes that's not even enough. This is when a scientifically formulated fat burner like RIPPED FREAK can make a big difference and go a long way in helping you reach your weight-loss goals! Read on to learn more about the research proven ingredients found in the cutting-edge RIPPED FREAK formula.

CH-19 Sweet Red Pepper Extract / Capsiate

CH-19 Sweet Red Pepper is a non-pungent cultivar of red pepper and offers a major advantage over regular red/hot pepper extracts. Non-pungent means that it doesn't have a harsh burning smell or taste like regular hot peppers. So, this means you can supplement with a higher dose and not experience any negative gastrointestinal side effects, which are commonly associated with higher doses of chili pepper or capsaicin extracts. CH-19 Sweet Red Pepper contains three known compounds that can affect fat loss, capsiate [4-hydroxy-3-methoxybenzyl (*E*)-8-methyl-6-nonenoate], dihydrocapsiate [4-hydroxy-3-methoxybenzyl 8-methylnonanoate], and nordihydrocapsiate [4-hydroxy-3-methoxybenzyl 7-methyloctanoate]. CH-19 Sweet has been proven to increase core body temperature by stimulating the vanilloid receptors, induce heat loss and heat production at the same time, and dissipate food as energy! On top of that, CH-19 Sweet Red Pepper has also been shown to increase oxygen consumption, uncoupling proteins 1 and 2 (UCP1 and UCP2) and gene transcription of UCP2 mRNA in fat tissue. CH-19 Sweet Red Pepper is one of the hottest new ingredients out there and has the potential to be one of the most effective weight-loss agents of the future!

Raspberry Ketone

Raspberry ketone, which is sometimes referred to by its chemical name, 4-(4-hydroxyphenyl) butan-2-one, is a major aromatic compound derived from red raspberry. Raspberry ketone enhances fat burning by increasing the translocation of hormone-sensitive lipase (HSL) from the cytosol to lipid droplets in fat cells. That's a bit technical, but all you really need to understand is that raspberry ketone activates a critical rate-limiting step in fat loss! HSL is the key enzyme involved in the mobilization of fatty acids from fat tissue. So, if you increase HSL activity, then you can increase weight loss!

Caffeine & Green Tea Extract

Caffeine is the most widely used ergogenic aid in the world and is one of the main ingredients in nearly every popular fat burner on the market, and for good reason! Supplementation with caffeine causes a variety of physiological effects those results in the mobilization and oxidation of fat. Caffeine also gives a great energy kick and will increase mental alertness, cognition and overall physical performance! If you're serious about burning fat, then you should take advantage of caffeine's research-proven ability to enhance fat loss! Green tea extract is another popular fat loss ingredient because of the scientific evidence that support its effectiveness. Several clinical studies show that green tea extract standardized for epigallocatechin gallate (EGCG) can have a significant impact on increasing thermogenesis and fat oxidation. On its own, green tea is a solid fat burner, but when stacked with other fat burning compounds its effectiveness can be enhanced even further!

Oleuropein Aglycone (OA) from Olive Leaf Extract

Recently, researchers discovered a new compound, a powerful phenolic agent found in extra virgin olive oil, which mimics the effects of ephedrine. This compound is called Oleuropein Aglycone (OA), and it's a derivative of the most well-known phenolic compound found in olive oil, Oleuropein. The fat-loss effects of regular Oleuropein have already been established by research. However, a study just recently published in the prestigious Journal of Nutritional Sciences & Vitaminology, showed that Oleuropein Aglycone (OA) supplementation induced the secretions of norepinephrine and epinephrine about 10 TIMES MORE potently than regular Oleuropein. In addition, OA supplementation increased uncoupling protein content (UCP) in fat tissue, which also has a huge impact on metabolism and fat loss in the human body. RIPPED FREAK is the first and remains the only product on the market to contain this new cutting-edge ingredient!

RIPPED FREAK – One Powerful Fat Burner!

RIPPED FREAK is formulated with one goal in mind – to be the strongest fat burner legally available. Unlike many other fat burners on the market, RIPPED FREAK does not include tiny amounts of several ingredients in its formula. Instead, RIPPED FREAK contains a critically selected a group of powerful ingredients, and in very HIGH doses, so they can truly have a significant impact on fat loss! So, if you're looking for something to add to your diet plan to help you enhance fat loss and reach your weight loss goals, then you definitely should give RIPPED FREAK a try!